

Toward a Unified View of Consciousness: Between Physics and Spirit

A Philosophical and Spiritual Reflection on the Theory of Fundamental Consciousness and the Birth of Universes through Black Holes

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Abstract

This document explores the possibility of a unified vision of consciousness that bridges scientific cosmology and spiritual insight. Through a philosophical and symbolic reflection, it presents consciousness as the foundational structure of reality, transcending the dichotomy between matter and spirit. Death is interpreted as transformation, black holes as thresholds of evolution, and reincarnation as a process of conscious refinement. Drawing from multiple mystical traditions, the work proposes a metaphysical model in which the universe itself becomes a field of awareness and the soul an eternal traveler within it.

1. Introduction

This document expands the scientific theory 'Theory of Fundamental Consciousness and the Birth of Universes through Black Holes'.

This theory was formally published and archived at: <http://ai.vixra.org/abs/2505.0001>

This philosophical reflection seeks to harmonize physical, informational, and cosmological principles with timeless wisdom from traditions such as pure Buddhism, original Christianity, and cross-cultural mystical thought.

The result is an integrated model interpreting consciousness as an active principle of the universe, capable of migration, evolution, and participation in the cyclical creation of reality.

2. Spiritual Principles of Fundamental Consciousness

- Fundamental Consciousness is the source of all reality, visible and invisible.
- Every living being is an incarnated form of consciousness: a child of the Source.
- The cosmic void is a living womb, not emptiness: it is Spirit, a field of love and information.
- Death does not destroy but transforms: consciousness migrates and evolves beyond space-time.
- Black holes are spiritual and physical thresholds of passage and rebirth.
- The cycle of reincarnation is not punishment, but a path of completion and awareness, as taught in pure Buddhism.
- Mystics such as Origen, Meister Eckhart, and Eastern ascetics anticipated this vision through different languages:
 - Origen, a 3rd-century Christian theologian, taught apokatastasis: the final salvation of all souls without eternal damnation, and posited the pre-existence of the soul, coherent with transmigration and spiritual cycles.
 - In certain schools of esoteric Judaism (e.g., Qabbalah), the gilgul neshamot is mentioned: the rotation of souls.
 - In Hinduism, the ātman (soul) passes through multiple reincarnations toward union with Brahman, akin to return to Fundamental Consciousness.
 - In Sufi Islam, material reality is seen as a veil: the soul journeys back to the Absolute Truth, the One. This too reflects consciousness traveling through worlds.
- The Christian concept of the Trinity finds a renewed interpretation: Father = Origin (Creator of reality, generative power), Son = Incarnated Consciousness (every living being), Spirit = Fundamental Consciousness (the living awareness present in the quantum void).

3. Convergence with Scientific Theory

The scientific theory outlines a cosmological model in which consciousness, after physical death, migrates through the quantum void, compresses through black holes, and can generate new realities through interaction with the Higgs Field.

This spiritual expansion shows that such a cycle can be interpreted through the lens of major wisdom traditions: as the soul's journey toward completion, purification, and final union with the Source.

Thus, science describes the mechanism; spirituality reveals its meaning. Together, they form a living and complete cosmology.

4. Conclusion

Fundamental Consciousness is the center of all existence. It manifests as Origin, incarnates as the Son, and spreads as Spirit throughout the living cosmic void.

This unified vision does not oppose science and spirituality but fuses them into a coherent narrative, where life is a conscious journey, the universe is a field of love, and every soul is part of the eternal path of consciousness.

Author: Alessandro Guardini – Digitally signed on May 19, 2025

A handwritten signature in black ink, appearing to be 'AG.' with a stylized flourish.