

The Perfect Stillness Model:

A Thermodynamic Model of Structural Reset in the Universe

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Abstract

This paper proposes a structural thermodynamic model for the origin, evolution, and recurrence of the universe based entirely on existing physical laws, with no new particles, forces, or speculative mechanisms. The model begins not with a singularity or explosive event, but with Perfect Stillness: a state of complete gravitational collapse, maximum entropy, and uniform energy without structure, motion, or time. In this state, entropy has no further gradient to act upon, and time ceases to exist. Compression continues until it reaches a geometric and thermodynamic boundary, an irreducible one-dimensional object (a string) capable of encoding energy as tension but incapable of further collapse. This string forms not by force, but by necessity, as no physical structure can exist below one dimension. The formation of one-dimensional tension marks the return of structure, the emergence of time, and the beginning of a new cycle. Expansion follows, governed by thermodynamic asymmetry, leading to the formation of matter, space, and motion. Over cosmic time, entropy progresses again toward completion, dissolving structure until stillness is reattained and the cycle repeats. The model resolves the singularity problem in general relativity, honors the Second Law of Thermodynamics throughout all phases, and reframes the universe as a closed, lawful system governed by structural inevitability.

1. Introduction

Modern cosmology remains incomplete at its most critical boundaries. While general relativity accurately models gravitational behavior at large scales, it fails at singularities, where spacetime curvature becomes infinite and predictive power breaks down. Quantum theories, meanwhile, lack a consensus on how to describe spacetime and gravity at fundamental scales, and often rely on speculative constructs such as multiverses, eternal inflation, or unknown particles. At the same time, the Second Law of Thermodynamics, the most universally upheld principles in all of

physics, is rarely applied directly to the origin or final state of the universe. Yet entropy governs all systems. If the Second Law is truly universal, it must apply not only to the decay of stars and systems, but also to the collapse of spacetime itself. This paper presents the Perfect Stillness Model, a cosmological framework derived entirely from existing physical laws. The model proposes that when entropy completes, and all structure and information has dissolved, the universe reaches a final state of perfect uniformity, a condition called Perfect Stillness. In this state, time ceases, motion ends, and energy becomes formless. This is not a reversal of entropy, but its completion. From this state, collapse resumes due to the instability of perfect symmetry. Compression continues until it reaches a fundamental structural boundary, an irreducible one-dimensional string. This string cannot be compressed further, yet it encodes energy in the form of tension. From this structure, space, time, and matter re-emerge. The model resolves the problem of singularities without introducing new forces, dimensions, or assumptions. It obeys the Second Law of Thermodynamics fully, avoids paradox, and frames the universe as a lawful, cyclic system defined by structure, dissolution, and inevitable return.

2. Assumptions

The Perfect Stillness Model is built on a set of clearly defined physical and structural assumptions. These are grounded in widely accepted principles of thermodynamics and geometry and serve as the logical foundation for the model's sequence of collapse, structure, and re-emergence.

2.1 The Second Law of Thermodynamics is Absolute

Entropy increases over time in all systems, without exception. This principle holds universally, including during gravitational collapse and the final state of the universe. The model assumes entropy must fully complete and cannot be bypassed, reversed, or suspended.

2.2 Time is Emergent, Not Fundamental

Time does not exist independently of structure or motion. It is treated as a relational quantity that emerges when energy is organized and motion occurs. In the absence of structure, time ceases to have meaning or function.

2.3 Compression Has a Structural Limit

There exists a final, irreducible state of compression. This is not defined by force, but by geometry. The model assumes that no physical structure can exist below one dimension, making one-dimensional string tension the lowest viable form that can still encode energy.

2.4 Zero-Dimensional and Two-Dimensional Objects Cannot Halt Collapse

Zero-dimensional points lack spatial extent and cannot encode tension, while two-dimensional forms are still compressible into lines. Therefore, neither represents a terminal structural state. Only one-dimensional structures are inherently incompressible and capable of resisting further collapse.

2.5 Perfect Symmetry is Structurally Unstable

A state of uniform, structureless energy, Perfect Stillness, is inherently unstable. Once entropy has completed and no structure remains, collapse into form becomes a structural inevitability. This assumption reframes the “beginning” not as a random event, but as a necessary consequence of symmetry failure.

2.6 The Universe is a Closed System

The model assumes that the universe is thermodynamically closed, there is no external energy input or leakage. This ensures the total energy and entropy path remain internally consistent across collapse, stillness, and re-expansion.

2.7 No Exotic Physics Is Required

The model does not assume or rely on: Extra dimensions, new particles, unknown fields, multiverses, inflation, or any force beyond those already described by general relativity and thermodynamics.

3. Model Description

A Primordial Core is a finite, tension-bound, three-dimensional object composed entirely of one-dimensional, incompressible particles, containing all the energy in existence and occupying the smallest physically allowable volume beyond which neither further collapse nor structural reduction is possible.

The Perfect Stillness Model describes a fully self-contained cosmological process, governed by structural and thermodynamic necessity. Rather than emerging from a singularity or fluctuation, the universe follows a precise sequence of transitions, not because they may occur, but because no other configuration is permitted once symmetry fails. This deterministic cascade unfolds in ten fundamental stages.

3.1 The Ten Structural Laws of the Universe

These laws form the foundation of the model's causal chain, a necessary progression from formless energy to spacetime, governed by geometry, entropy, and tension.

1. Perfect symmetry shall not endure.

The universe begins not in chaos, but in Perfect Stillness: a field of completely diffuse, structureless energy with no form, motion, or dimension. But perfect symmetry is not stable, it is a boundary condition. The absence of structure creates tension, and formlessness becomes unstable. Symmetry collapses because it must.

2. Energy shall collapse upon itself.

With no structure to support it, energy condenses, not through force, but because uniformity is no longer viable. Collapse begins inwardly, without direction or velocity. This is not motion in space; it is the emergence of density from complete stillness.

3. Gravity shall emerge from energy.

As energy concentrates, curvature begins to emerge. Gravity is not a separate force, but the expression of energy under compression. This curvature initiates structure: not particles, but the first formation of directional asymmetry, the precursors to spatial relationships.

4. Space shall take form.

As gravity emerges through energy compression, spatial relationships begin to take form. Space is no longer an undefined void, but a developing framework, the first relational geometry between regions of energy.

5. All energy shall fall to gravity.

With space and curvature now defined, the entire field of energy flows inward toward the deepest point. There is no resistance; entropy does not yet operate. Time is not yet born. Collapse proceeds under pure geometry.

6. A string shall form.

Collapse continues until it meets the first structural limit, the incompressibility of one-dimensional tension. A string forms. Not a particle, not a fluctuation, but a geometric necessity: the first physical object that cannot be reduced further. Structure now exists.

7. Time shall begin.

With structure present, so too is sequence. Time, once meaningless, now has reference. It is defined, not dynamically flowing, but as a static condition of changeability.

8. The core shall seal.

As more strings form, the system reaches a state of maximal compression. All of the energy that exists is now contained within a finite, perfectly tension-bound core, not a singularity, but a complete structure. Nothing more can be compressed. The Primordial Core holds everything. Entropy has reached its absolute minimum.

9. Expansion shall follow.

The Primordial Core cannot compress further, and it cannot remain still. With tension maximized and no further degrees of freedom, the system must begin to unwind. Expansion initiates, not explosively, but through geometric release. The field begins to unfold.

10. Spacetime shall be born.

With motion and structure now in flux, time begins to flow and space stretches. Spacetime is born, not as a container, but as an expression of changing form. The cycle begins. Entropy resumes. Structure reigns once more, destined to decay.

3.2 Emergence of Volume

The transition from collapse to expansion begins with the formation of a single, one-dimensional string, the first structure capable of resisting further compression. This string encodes tension, but alone, it does not define a particle or spatial framework. A second string introduces relational

structure, a directional contrast. At this stage, the system has tension and directional asymmetry, but it still lacks containment. There is no volume, only orientation. Only with the arrival of a third string, arranged orthogonally to the first two, does the system become geometrically closed. This triadic configuration is the first structure capable of:

- Defining height, width, and length,
- Encapsulating tension in three spatial axes,
- And encoding the foundational properties of mass, rotation, and position.

This arrangement represents the minimum structural condition required for matter to exist. Volume is not assumed; it emerges from the first stable intersection of orthogonal strings. In this model, three-dimensional space arises not as a container, but as the product of a lawful geometric threshold: three irreducible lines forming a finite enclosure.

Matter, spacetime, and the curvature that follows all stem from this first triadic structure. The Primordial Core continues to assemble as more strings collapse into similar configurations, forming the seedbed of expansion.

3.3 Expansion

The Primordial Core does not explode. It expands because it must. Once the core reaches the compression limit, composed entirely of tension-bound, irreducible one-dimensional strings, it cannot remain in perfect stillness. Structural tension creates instability. There is no space beyond it, no direction for energy to escape, and no field to absorb its force. The outward push remains constant, defined by the total energy compressed into its irreducible structure. What changes is not the force, but the ability to contain it. As volume increases, even slightly, internal containment weakens. This initiates motion, not explosively, but geometrically. Expansion begins as an unfolding driven by the imbalance between structural tension and containment. Each increase in volume slightly reduces internal pressure, reinforcing further expansion. This results in a natural, exponential unfolding, not caused by an external force or inflationary field, but by a self-amplifying release of geometric constraint. Time begins, space stretches, and structure re-expresses itself in accordance with the Second Law of Thermodynamics. This expansion is not an origin event, but a structural consequence of collapse reaching its lawful limit.

As the core expands, the energy remains fully contained, but volume increases. This results in extreme energy density during early expansion, manifesting as high heat. Once cooled, structure stabilizes and particles emerge, not from randomness, but from the lawful unfolding of irreducible tension.

3.4 Causality Through Constraint

Each of these transitions is not an event in time, but a consequence of the configuration before it. From the erasure of spacetime to its full re-expression, this model describes not a universe of randomness, but of structural inevitability.

4. Compliance with Thermodynamics

The Perfect Stillness Model is constructed upon the assumption that the Second Law of Thermodynamics is absolute. All phases of the model, including gravitational collapse, structure formation, entropy completion, and re-expansion, adhere strictly to this law. The model does not require any reversal of entropy, violation of conservation, or external intervention.

4.1 Entropy Is Never Violated — It Completes

- Entropy increases continuously throughout each cosmic cycle, from the formation of structure to its eventual decay.
- The model does not propose entropy deviates or rewinds. Instead, it proposes that entropy reaches a finite endpoint: a state in which no structure remains to disorder and no further gradients can exist, Perfect Stillness.
- This state represents maximum entropy, not in terms of thermal energy, but in terms of structural uniformity and informational exhaustion.

4.2 Time is a Product of Entropy

In the model, time is not fundamental; it is a consequence of change. Time emerges only when structure exists, allowing motion and variation to occur. As structure changes, entropy increases, and time takes on meaning as the measure of that progression. However, when the universe reaches Perfect Stillness, all gradients vanish, structure dissolves, all information is forgotten, and entropy has no direction left to act upon. In this state, time ceases to function, not as a

violation of thermodynamic law, but as a natural result of its completion. Time ends not because it is broken, but because it has nothing left to measure.

4.3 No Entropy Is Lost Across Collapse

During gravitational collapse, energy is not destroyed, it is reorganized. The formation of a one-dimensional string is not a low-entropy event, but a lawful compression of previously diffuse energy into its most reduced, tension-encoded form. Throughout this process, the universe's entropy does not decrease. Energy is conserved, but all structure and information are erased. Collapse transforms distributed energy into pure tension, exhausting all gradients until no structure, order, or memory remains. This is not a reversal of entropy, but its completion, the final descent into Perfect Stillness.

4.4 Entropy Resumes After Structural Rebirth

Upon reaching the compression limit, the tension within the Primordial Core initiates expansion. As structure begins to re-form, entropy reasserts itself and resumes increasing, governed by the same thermodynamic principles as before. The system is therefore cyclic, but not in a reversible or repeating sense. Each cycle follows the same physical laws, but contains no preserved structure, no memory, and no information from the cycle before. The universe resets, not by rewinding, but by lawfully re-emerging from Perfect Stillness. Each run is thermodynamically lawful and complete.

4.5 The Second Law Defines the Cycle

The model relies on no external assumptions beyond the Second Law of Thermodynamics. It does not require quantum fluctuations, eternal inflation, multiverse fine-tuning, or hypothetical forces. The universe cycles because entropy demands it:

- Stillness ends because it cannot hold.
- Collapse stops because it must.
- Structure returns because there is no other option.

The universe does not rewind, it resets, lawfully and without contradiction.

4.6 The Survival of Law Beyond Entropy

The model assumes that when entropy is complete and no structure remains, the laws of physics are not preserved as information. Energy has no memory. Nothing carries forward from one cycle to the next, not structure, not configuration, not encoded rules. What survives is energy alone, in a perfectly diffuse, motionless state. But even in this state of Perfect Stillness, the system is not lawless. The Second Law of Thermodynamics does not exist within the laws of physics, it defines all of them. Entropy governs energy, even when time has ceased. In the absence of time, entropy cannot increase, and so it must return to its absolute minimum, not by reversal, but by reset. This reset does not require memory, because no memory is preserved; it is re-initiated, because the Second Law of Thermodynamics demands it.

Once energy exists in stillness, entropy must increase, and for that to happen, time and structure must re-emerge. In this model, spacetime is not fundamental, it is re-established because entropy must continue, and entropy cannot function without a framework in which to act. The Second Law of Thermodynamics is not a feature of physics, it is the boundary condition from which physics re-forms. To assume that the Second Law of Thermodynamics does not endure is to assume that the universe ends in absolute nothingness, and if it ends in nothing, it began in randomness, governed by nothing.

4.7 Supremacy of Entropy over Uncertainty

The universe does not evolve by possibility, but by lawful necessity. In this model, uncertainty cannot exist at any moment in the cosmological cycle. The Second Law of Thermodynamics is absolute and governs all structure and energy transitions. Uncertainty, the idea that all things that can happen must happen, given infinite time is in paradox with entropy. Time, in this model, is finite. If uncertainty were active, it would permit structure to form probabilistically at any stage. This would allow energy to spontaneously organize, reducing entropy in a closed system, and extending spacetime indefinitely. A direct violation of the Second Law of Thermodynamics. Therefore, uncertainty is not merely dissolved, it cannot exist. At every point in the cycle, entropy determines what may occur, and nothing happens that is not thermodynamically required.

5. Distinction Between Primordial Core and Black Hole: Hawking Radiation and Thermodynamic Context

The Perfect Stillness Model draws a clear distinction between two structurally similar but fundamentally different entities: the black hole, which exists within spacetime, and the primordial core, which exists after spacetime has dissolved. Though both represent collapse to the one-dimensional compression limit, their thermodynamic conditions, external environments, and entropic status are entirely distinct.

5.1 Black Holes Exist Within Spacetime

Black holes form during the life of the universe. They are embedded in spacetime, possess event horizons, and exist within a larger system governed by entropy and time. Because spacetime still exists outside the black hole, and the passage of time is well-defined, black holes remain subject to the Second Law of Thermodynamics. As a result, Hawking radiation applies. The black hole slowly evaporates by radiating energy into the surrounding spacetime. This radiation process includes not just the outer curvature or event horizon, but ultimately the fully collapsed interior. Even the string core at the heart of the black hole is eventually dissolved, as long as time continues and entropy progresses. The model therefore predicts that black holes leave behind no remnant, in full compliance with thermodynamics.

Light behaves classically within this model: once it crosses the event horizon, it cannot escape, as the required escape velocity remains greater than the speed of light. Although the model imposes a structural limit on collapse, this does not alter external spacetime curvature. The black hole's gravitational geometry remains fully described by general relativity until complete evaporation.

5.2 The Primordial Core Exists Outside Spacetime

By contrast, the Primordial Core forms only at the end of a full cosmological cycle, when the universe has reached Perfect Stillness. In this final state, all gradients have flattened, motion has ceased, and entropy is complete. Crucially, spacetime itself no longer exists. There is no curvature, no direction, no flow, and thus, no time. Because entropy must increase over time, it no longer applies in this context, not because it is violated, but because it has completed its function. Similarly, Hawking radiation cannot occur because there is no external spacetime to radiate into, no event horizon to define emission, and no clock to govern progression. The Primordial Core, therefore, does not evaporate. It does not persist indefinitely, nor does it decay,

it simply is. It represents the final state of collapse, entropy's absolute minimum, held in tension, waiting for the inevitable instability of symmetry to initiate the next cycle.

5.3 Why This Matters

This distinction ensures that the model remains fully consistent with both general relativity and thermodynamics. Black holes behave exactly as expected, radiating away, dissolving, obeying entropy. The primordial core, by contrast, defines the boundary of entropy itself: the place where no further structural change can occur, and from which all structure must eventually return. By separating these two concepts clearly, the model avoids confusion, preserves physical law, and defines the conditions under which collapse either dissolves, or resets.

6. Resolution of Singularity and General Relativity Breakdown

General relativity accurately models the behavior of spacetime under the influence of mass and energy, but it fails at its mathematical and physical limit: the singularity. A singularity is a violation of the Second Law of Thermodynamics. When spacetime curvature becomes infinite, as in the core of black holes or the origin point of the Big Bang, general relativity predicts a breakdown of all known laws, rendering the theory incomplete. In such regions, the curvature of spacetime diverges, volume collapses toward zero, and time ceases to have meaningful structure. The equations of general relativity cease to produce finite results, implying that General Relativity cannot describe the full behavior of the universe under extreme compression.

6.1 Structural, Not Mathematical, Completion

The Perfect Stillness Model resolves this by proposing a physical, structural boundary to collapse, one that General Relativity itself cannot define, but that thermodynamics and geometry demand.

- Instead of infinite curvature, the model suggests that collapse halts at the formation of an irreducible one-dimensional structure.
- This string-like object cannot be further compressed without violating the Second Law of Thermodynamics or eliminating the ability to encode energy.
- It is not a quantum fluctuation or Planck-scale blur, it is a geometric end-state, the lowest dimensional structure still capable of tension and resistance.

Thus, the model replaces the singularity not with unknown physics, but with a lawful, final state of collapse.

6.2 General Relativity Is Not Replaced — It Is Bounded

The model does not modify or reject general relativity. Instead, it completes it by defining the boundary where it no longer applies. General Relativity governs the behavior of curvature and gravity throughout collapse but ceases to be valid at the point where geometry ceases to shrink.

This structural boundary allows:

- Spacetime to remain finite and causal
- Entropy to remain lawful and increasing
- Time to emerge and dissolve cleanly, without paradox

6.3 No Need for Exotic Extensions

Unlike other attempts to resolve singularities through:

- Higher dimensions
- Quantum gravity
- Inflationary corrections
- Holographic encodings

This model resolves the singularity with no new particles or principles. It relies only on geometry, the Second Law of Thermodynamics, and the assumption that structure cannot exist below one dimension.

6.4 A Complete Physical System

By identifying the one-dimensional string as the endpoint of compression:

- The model prevents infinite curvature
- Avoids violations of known laws
- And restores predictive structure to the origin of the universe.

This offers a complete, physically bounded system in which general relativity and thermodynamics coexist without paradox.

7. Testable Prediction

The Perfect Stillness Model does not rely on multiple speculative predictions. It rests entirely on a single, falsifiable claim: Collapse halts at a structural limit: a one-dimensional, incompressible object, a string. This string is not theoretical in the speculative sense. It is a physical necessity: the only structure that can resist further compression without violating the Second Law of Thermodynamics. It represents the final form before structure dissolves or re-emerges. If such an object is observed, inferred, or required to resolve the internal density of a black hole the model is supported.

If such a structural limit exists, it is expected to manifest at or near the Planck scale, the regime where gravitational, quantum, and thermodynamic effects intersect, and where spacetime itself loses classical definition.

If no structural limit exists, and collapse proceeds into a true singularity, then the model fails, and the Second Law of Thermodynamics falls. There is no secondary prediction. The entire framework depends on the existence of a finite structural endpoint to gravitational compression.

8. Conclusion

The Perfect Stillness Model offers a complete, thermodynamically lawful description of the universe that begins not with randomness, but with inevitability. It assumes:

- No new forces, dimensions, or particles,
- No paradoxical reversals of entropy,
- No mathematical infinities.

Instead, it proposes that entropy ends, not in heat death, but in Perfect Stillness, a state of maximum uniformity in which structure has fully dissolved. Collapse resumes not through force, but because entropy requires spacetime to exist. The diffuse energy of the previous universe is compressed into a Primordial Core, the only structure capable of forming. From this point, space, time, and matter re-emerge. Expansion is not an origin event, but a lawful response to structural necessity. The universe resets, not by repeating, but by obeying the same laws through structural re-expression.

This model does not speculate beyond physics, it completes it. If the Second Law of Thermodynamics is true, this cycle must occur.

9. Model Logic Recap: Dimensionality and Compression

To ensure conceptual clarity, the structural logic of the Perfect Stillness Model is summarized below, focusing on how dimensionality relates to compression and the formation of the primordial core:

9.1 Three-dimensional and two-dimensional structures are compressible.

Any object with volume or area can be reduced further. These are not fundamental or irreducible states and therefore cannot resist gravitational collapse at universal scales.

9.2 One dimension is the first irreducible structure.

A one-dimensional string has length but no width or depth. It cannot be compressed without violating the Second Law of Thermodynamics. Collapse halts here, not because of a force, but because of geometry.

9.3 Two strings do not form a compressible two-dimensional surface.

When two strings exist within the primordial core, they define resistance in two directions, but do not create a plane. They exist solely to stop collapse, not to construct area. Their arrangement represents directional resistance, not a geometric surface.

9.4 The Primordial Core is three-dimensional

Three orthogonal, one-dimensional strings form the minimum structural condition required to resist collapse in all directions. The core becomes a finite, tension-bound three-dimensional object, not because three dimensions are assumed, but because it is the smallest allowable volume in which all energy can lawfully exist without violating the Second Law of Thermodynamics.

10. Acknowledgment

This model was developed independently through reasoned extension of known physical laws, without the aid of prior publications or formal academic training. While others may have approached these boundaries, the author followed them to their structural conclusion, not through genius, but by obeying the laws completely.

Note: This model uses the term ‘string’ in a strictly structural and thermodynamic sense. It makes no reference to string theory, extra dimensions, or quantum vibration modes.

Unburdened by genius, I was forced to follow all the laws because I didn't know any better.

I may not be right — but if I am wrong, then so too is the Second Law of Thermodynamics. And if entropy fails, so does physics itself.